

My

Lord Holderness

April 6. 1774

16009

Lewis House April 6th 1774

Lord Holderness, The hearing You have taken the resolution to quit attempting to remove Your complaints by the aid of Medicines, gives me the greatest satisfaction, air, moderate exercise, and diet are certain though perhaps not expeditious methods of restoring health, it is therefore strongly recommend to You; indeed knowing Your zeal for the welfare of my Sons I must add that You cannot shew it in a stronger manner than by confining Your attention to the reestablishment of a health that is so much to be desired by those who know how well You are fitted to give them that advice which will enable them to appear real Gentlemen as well as worthy members of Society. The present Year must be dedicated to acquiring that foundation of knowledge which may enable them to profit of the instruction they will hereafter obtain from You; by Your judicious recommendation they have the fittest persons for these parts of their Education; therefore I again repeat it again I must desire that for the present, air, moderate Exercise and diet be Your sole objects. George L.

[Faint, illegible handwritten text in cursive script, likely a letter or document fragment.]